



Specials Distance Learning PreK - Grade 5

A digital version of this document can be found at <https://sde.ok.gov/covid19-instruction-support>.

This document is designed to support Oklahoma teachers and districts as they provide distance learning opportunities for students. Distance learning aims to provide students with continued learning opportunities at home and may or may not include technology.

Questions to Consider while Planning for Continued Learning

- 1. What are reasonable (timely, accessible, manageable, engaging) goals for students engaging in P.E., Art or World Languages?** Plan with the following in mind:
 - District and school guidance and directives including expectations for learning time at home
 - Students' access to technology/internet/phones
 - Students' and your other responsibilities to family, work outside of school, etc.
 - Students' current understandings and background knowledge
- 2. What are reasonable goals for student engagement or learning in your context?** Help students remain active, curious, creative, and calm during this time. Keep it simple and try to add joy to the student's current situation. For example, provide sample exercises students can do at home with their families, artistic games they can play, or virtual field trips to explore other cultures.
- 3. What resources do you and your students have to engage in the content area?** Consider surveying students to understand what resources (instruments, jump ropes, art supplies, etc.) students have access to at home. Work with parents and caregivers to discover creative solutions, but also be aware that resource-heavy activities may be less accessible for some students.
- 4. In what ways can students document and share their thinking and learning?** Students can utilize diaries, journals, videos, photographs, drawings to document their thinking and then share with their teacher and/or other students electronically or using other methods like the phone for students who lack technology.
- 5. How will students collaborate and receive feedback during their learning?** Student and teacher responses to questions might be submitted via email, on a shared document (e.g., Google Docs), a survey, a discussion board or other methods like a phone call for students who lack technology.
- 6. Could this learning connect to other content areas and/or real world experiences?** Consider building learning opportunities that offer students a way to joyfully connect with their families and life experiences.

For specific guidance related to **Special Education** and **English Language Learner** instruction, visit [Special Education](#) and [English Language Learners](#).

Considerations for Universal Design can be made to ensure all activities are accessible for all learners. Learn more about [Universal Design for Learning](#).

Example Activities

The following examples are meant to provide a sample structure for activities designed with the guidance provided in this document in mind.

Art	Physical Education	World Languages
<p>Build a color wheel from items or toys in your house. Be sure to have yellow, red, and blue (primary colors) with orange, purple, and green (secondary colors). If possible, students can photograph their color wheels and send the pictures to their art teacher.</p>	<p>Interview someone (virtually or in your house) about how they feel about exercise and good nutrition. Include questions like, “What does being healthy look like to you?” or “What’s your favorite healthy recipe or exercise?” If possible, send your interview results to your P.E. or health teacher.</p>	<p>Listen to a song in the target language. Learn the chorus and video yourself singing it, or call a friend and sing it to them. Create a visual representation of at least one part of the song, such as a drawing or graphic novel of the chorus, and include the words from the song that correspond to your visual. Take a picture and share with your teacher. In the target language, write a description of the song and tell why you like it. Share and compare your description with a classmate and talk about them in the target language. Record the conversation and share with your teacher if possible.</p>

For more examples, check out these example activities:

- [Fine Arts \(Online & Offline\) Example Activities](#)
- [Physical Education and Health \(Online and Offline\) Example Activities](#)
- [World Languages Example Activities](#) and [Resources](#)

If you have additional ideas for activities, please consider submitting them to [this survey](#).

Practical Advice

- Take advantage of asynchronous learning (learning that does not happen at the same time) to allow students to pursue relevant interests that connect to learning goals. For example, record a Zoom meeting with just a few students and share to Google Classroom afterward or record a YouTube video that students can watch as they have time.
- Build community and relationships with colleagues in your subject area.



- Build virtual or long-distance relationships with your students as you are able. For example, sending cards or letters with the school lunch deliveries to students.
- Activities for when a caregiver is available and when they are not available.
- Use FlipGrid, or other online learning platforms, to direct students' learning. Teachers may video responses within FlipGrid.

Instructional Resources

- [OPEN Phys. Ed Early Childhood Resources](#) (Free with registration)
- [Arts Instructional Resources](#)
- [SPARKeacademy.org](#) (Sparkhome is free with registration)
- [World Languages Resources and Learning Boards and Menus](#)

Stay Connected to Community

You aren't alone. There are tens of thousands of other teachers around the state and nation who are collaborating and sharing strategies, resources, and ideas for distance learning for students while at home. Each content area has a monthly newsletter full of resources, instructional strategies, and a direct connection with your OSDE content director. Subscribe at the following link: [SDE Newsletter Signup](#). Also, join some of the following communities and collaborate with others.

Social Media Connections

Join Facebook Groups:

- [Oklahoma PE and Health](#)
- [E-Learning in Music Education](#)
- [Oklahoma Drama Education Network](#)
- [Elementary Art Teachers](#)
- [Theatre Education Distance Learning \(Resource Sharing and Support Network\)](#)
- [Music Educators Creating Online Learning](#)
- [Oklahoma Foreign Language Teachers Association Facebook](#)

Join Twitter, Instagram, or other platforms. Ideas are shared everywhere!

OSDE Hosted Virtual Meetings

Join OSDE staff and **health and PE teachers** around the state for weekly virtual meetings to gain resources, strategies, and advice for distance learning. Stay tuned for more information via social media and OSDE health and PE newsletters.



Physical Education Virtual Meeting Every Friday 2:00 - 3:00 p.m.

Connect via Zoom:

- Link: <https://zoom.us/j/677037994>
- Meeting ID: 677-037-994
- Phone: 346-248-7799

Join OSDE staff and **fine arts teachers** around the state for weekly virtual meetings to gain resources, strategies, and advice for distance learning. Stay tuned for more information via social media and OSDE fine arts newsletters.

Fine Arts Virtual Meeting Every Wednesday 4:00 - 5:00 p.m.

- Link: <https://zoom.us/j/910756005>
- Meeting ID: 910-756-005
- Phone: (346) 248-7799

Join OSDE staff and **world languages teachers** around the state for weekly virtual meetings to gain resources, strategies, and advice for distance learning. Stay tuned for more information through OSDE World Languages newsletters.

World Languages Virtual Meeting Every Tuesday 3:00 - 4:00 p.m.

- Link: <https://zoom.us/j/389841821>
- Meeting ID: 389-841-821
- Phone: (346) 248-7799

Contact Information for OSDE Elective Staff

We are here to help in any way we can. Feel free to email any of the following people at OSDE if you have questions or need support.

- **Shana Classen**, Director of Health and Physical Education, shana.classen@sde.ok.gov
- **Elizabeth Maughan**, Director of Fine Arts, elizabeth.maughan@sde.ok.gov
- **Cathleen Skinner**, Director of World Languages, cathleen.skinner@sde.ok.gov