

Electives Distance Learning 6-12

A digital version of this document can be found at <https://sde.ok.gov/covid19-instruction-support>.

This document is designed to support Oklahoma teachers and districts as they provide distance learning opportunities for students. Distance learning aims to provide students with continued learning opportunities at home and may or may not include technology.

Questions to Consider while Planning for Continued Learning

- 1. What are reasonable (timely, accessible, manageable, engaging) goals for students engaging in P.E., Art and World Languages?** Plan with the following in mind:
 - District and school guidance and directives including expectations for learning time at home
 - Students' access to technology/internet/phones
 - Students' and your other responsibilities to family, work outside of school, etc.
 - Students' current understandings and background knowledge
- 2. What are reasonable goals for student engagement or learning in your context?** Help students remain active, curious, creative, and calm during this time. Keep it simple and try to add joy to the student's current situation. For example, provide sample exercises students can do at home with their families, virtual field trips to explore other cultures and art or continued opportunities to practice the language of study.
- 3. What resources do you and your students have to engage in the content area?** Consider surveying students to understand what resources (instruments, exercise equipment, art supplies, etc.) students have access to at home. Work with parents and caregivers to discover creative solutions, but also be aware that resource-heavy activities may be less accessible for some students.
- 4. In what ways can students document and share their thinking and learning?** Students can utilize diaries, journals, videos, photographs, drawings to document their thinking and then share with their teacher and/or other students electronically or using other methods like the phone for students who lack technology.
- 5. How will students collaborate and receive feedback during their learning?** Student and teacher responses to questions might be submitted via email, on a shared document (e.g., Google Docs), a survey, a discussion board or other methods like a phone call for students who lack technology.
- 6. Could this learning connect to other content areas and/or real world experiences?** Consider building learning opportunities that offer students a way to joyfully connect with their families and life experiences.

For specific guidance related to **Special Education** and **English Language Learner** instruction, visit [Special Education](#) and [English Language Learners](#).

Considerations for Universal Design can be made to ensure all activities are accessible for all learners. Learn more about [Universal Design for Learning](#).

Example Activities

The following examples are meant to provide a sample structure for activities designed with the guidance provided in this document in mind.

Music	Physical Education	World Languages
<p>Song Compositions - Students pair up and choose a subject to write a song about. The students work within Garage Band, SoundTrap or other online music makers to create a back beat. Students decide on a form (ABABCB). Students create poetry and melody to fit the form/measures used. Students work on their songs throughout a certain time period (suggested 2 weeks). Students upload their finished compositions to YouTube or Google Classroom. Set a time where all the finished songs are played for the group. Record the playback and teacher comments for the entire class to hear.</p>	<p>Fitness Portfolio - Develop fitness portfolios by assessing the components of fitness. Measure muscular strength and endurance with curl-ups and push-ups with maximum repetitions completed, and measure cardiovascular endurance with the time it takes you to complete a one-mile run. According to your results, find the components needing improvement. Set goals on how you would like to perform the next time you assess yourself. Then, pick exercises to strengthen these areas and log the activities to monitor your improvements. Make sure you assess yourself at least three times: pre,</p>	<p>Journal, blog or vlog in the target language. Use whatever language you already have. Put the day of the week and the date at the beginning of your post.</p> <ul style="list-style-type: none"> ● Describe the weather ● Describe your day – What activities are/have you been doing? ● Tell who you are spending time with – family, friends, etc., and what they’re doing. ● Tell what you’re going to do the next day. ● Tell your future plans. ● Describe how you feel. Alternatively, create a fictitious person and create a fantasy journal of their life and adventures using the ideas above. <p>After creating your journal, illustrate it, and create dialog in the target language based on the events and descriptions you included. Call a friend and in the target language, share your journal and compare how your</p>

Teachers could share the compositions publicly as pre-concert music during the 2020-21 school year.	mid, and post. Share the progress you made with your coach or physical education teacher.	days have been the same or different. Share your products with your teacher and class as you are able.
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For more examples, check out these example activities:

- [Fine Arts \(Online & Offline\) Example Activities](#)
- [Physical Education and Health \(Online and Offline\) Example Activities](#)
- [World Languages Example Activities](#) and [Resources](#)

If you have additional ideas for activities, please consider submitting them to [this survey](#).

Practical Advice

- Take advantage of asynchronous learning (learning that does not happen at the same time) to allow students to pursue relevant interests that connect to learning goals. For example, record a Zoom meeting with just a few students and share to google classroom afterward or record a YouTube video that students can watch as they have time.
- Build community and relationships with colleagues in your subject area.
- Build virtual or long-distance relationships with your students as you are able. For example, if CDC guidance allows, consider sending cards or letters with the school lunch deliveries to students.
- Activities for when a caregiver is available and when they are not
- Use FlipGrid or other online learning platforms to direct students' learning. Teachers may video responses within FlipGrid.

Instructional Resources

- [OPEN Phys. Ed Active Home Resources](#)
- [Arts Instructional Resources](#)
- [World Languages Resources for Distance Learning](#)

Stay Connected to Community

You aren't alone. There are tens of thousands of other teachers around the state and nation who are collaborating and sharing strategies, resources, and ideas for distance learning for students while at home. Each content area has a monthly newsletter full of resources, instructional strategies, and a direct connection with your OSDE content director. Subscribe at the following link: [SDE Newsletter Signup](#). Also, join some of the following communities and collaborate with others.

Social Media Connections

Join Facebook Groups:

- [Oklahoma PE and Health](#)
- [E-Learning in Music Education](#)
- [Oklahoma Drama Education Network](#)
- [Elementary Art Teachers](#)
- [Theatre Education Distance Learning \(Resource Sharing and Support Network\)](#)
- [Music Educators Creating Online Learning](#)

Join Twitter, Instagram or other platforms. Ideas are shared everywhere!

OSDE Hosted Virtual Meetings

Join OSDE staff and **health and PE teachers** around the state for weekly virtual meetings to gain resources, strategies and advice for distance learning.

Physical Education Virtual Meeting Every Friday 2:00 - 3:00 p.m.

Connect via Zoom:

- Link: <https://zoom.us/j/677037994>
- Meeting ID: 677-037-994
- Phone: 346-248-7799

Join OSDE staff and **fine arts teachers** around the state for weekly virtual meetings to gain resources, strategies and advice for distance learning.

Fine Arts Virtual Meeting Every Wednesday 4:00 - 5:00 p.m.

- Link: <https://zoom.us/j/910756005>
- Meeting ID: 910-756-005
- Phone: (346) 248-7799

Join OSDE staff and **world language teachers** around the state for weekly virtual meetings to gain resources, strategies and advice for distance learning.

World Languages Virtual Meeting Every Tuesday 3:00 - 4:00 p.m.

- Link: <https://zoom.us/j/389841821>
- Meeting ID: 389-841-821
- Phone: (346) 248-7799

Contact Information for OSDE Elective Staff

We are here to help in any way we can. Feel free to email any of the following people at OSDE if you have questions or need support.

- **Shana Classen**, Director of Health and Physical Education, shana.classen@sde.ok.gov
- **Elizabeth Maughan**, Director of Fine Arts, elizabeth.maughan@sde.ok.gov
- **Cathleen Skinner**, Director of World Languages, cathleen.skinner@sde.ok.gov