

Recommended resources, services, and activities for students with disabilities as they prepare for life after high school.

It's Never Too Early To Plan a Child's Future



Developmental Disabilities Services (DDS)

Provides services to persons ages 3 and older who have an intellectual disability (IQ of 70 or below) or other developmental or physical disabilities. 405-521-6267, www.okdhs.org



Social Security

Social Security Administration (SSA)

Social Security Disability Insurance (SSDI)/Supplemental Security Income (SSI). The official web site of the U.S. Social Security Administration. For qualifying persons with a disability, pays benefits to you and members of your family based on your work history. For qualifying persons with a disability, pays benefits based on financial need. www.ssa.gov/disability



OKLAHOMA Health Care Authority

Oklahoma Health Care Authority (OHCA) /SoonerCare (Oklahoma Medicaid)

SoonerCare (Oklahoma Medicaid) helps pay some or all medical bills for many people who can't afford them. OHCA is the state agency that administers the program and determines financial eligibility for the program. 405-522-7300, 800-987-7767, 800-757-5979, www.okhca.org

Information and Referral

1. 211 Oklahoma
5. Department of Rehabilitation Services (DRS)
6. Oklahoma Department of Human Services (DDS)
16. Oklahoma Department of Mental Health and Substance Abuse Services (ODMHAS)
25. Oklahoma State Department of Health (OSDH)
30. Sooner SUCCESS



Assistive Technology and Accessible Instructional Materials

2. ABLE Tech Oklahoma
3. Accessible Instructional Materials Center
11. Liberty Braille
21. Oklahoma Library for the Blind and Physically Handicapped (OLBPH)

Self Determination and Self Advocacy

4. Center for Learning and Leadership
12. National Alliance on Mental Illness (NAMI)
13. Office of Disability Concerns and Client Assistance Program (CAP)
19. Oklahoma Family Network (OFN)
22. Oklahoma Parents Center (OPC)
33. University of Oklahoma Zarrow Center for Learning Enrichment

Dispute Resolution

31. Special Education Resolution Center (SERC)

Resource List

Oklahoma Student Transition Planning

- 211 Oklahoma:** Provides information, referral and assistance for Oklahomans with disabilities and special health care needs. Oklahoma City and Western Oklahoma: 877-362-1606 or Tulsa and Eastern Oklahoma: 877-836-2111, www.211oklahoma.org
- ABLE Tech Oklahoma:** Helps with assistive technology by offering a short-term equipment loan program, demonstration centers, reuse, low interest bank loan, information, and referral. 800-257-1705, www.okabletech.org
- Accessible Instructional Materials Center:** Provides textbooks and other instructional materials in Braille, large print and other accessible formats to students who are unable to use standard print. 405-521-3514, 800-523-0288, www.library.state.ok.us/aim/
- Center for Learning and Leadership:** Supports individuals and family members through the various community programs and helps navigate through the Oklahoma Family Support 360° Center. 405-271-4500, 800-627-6827, www.ouhsc.edu/thecenter
- Department of Rehabilitation Services (DRS):** DRS Resource Guide: Expands opportunities for employment, independent life and economic self-sufficiency by helping Oklahomans with disabilities build success in the workplace, school and at home. 405-951-3400, 800-845-8476, www.okdrs.gov, www.okdrs.gov/guide/home
- Developmental Disabilities Services (DDS):** Provides services to persons ages 3 and older who have an intellectual disability (IQ of 70 or below) or other developmental or physical disabilities. 405-521-6267, www.okdhs.org
- Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP):** Works to make sure Oklahoma 5th-12th grade students and their parents have the information needed to prepare academically, socially and financially for college. 405-225-9239, 800-858-1840, www.okgearup.org
- Housing and Urban Development (HUD):** This federal agency addresses America's housing needs. Provides mortgage insurance and rental subsidies to lower-income families, develops HUD-Insured multifamily housing, and enforces Federal Fair Housing laws. 800-955-2232, www.hud.gov
- Job Corps Oklahoma:** A no-cost education and vocational training program for ages 16 through 24. 800-733-5627, www.jobcorps.gov
- Legal Aid:** Offers information about guardianship options. <https://oklaw.org/issues/family/guardianship>
- Liberty Braille:** Provides large print and Braille textbooks to Oklahoma public school students grades K-12 who are unable to use standard print. 405-562-3996, 800-920-3369, www.libertybraille.com
- National Alliance on Mental Illness (NAMI):** Education and support programs which include: Peer Recovery Support Specialist, Family-to-Family and In Our Own Voice: Living with Mental Illness. 405-230-1900, 800-583-1264, www.namioklahoma.org
- Office of Disability Concerns and Client Assistance Program (CAP):** Provides information and training for people with disabilities. CAP is your personal advocate for clients of the Department of Rehabilitation Services Programs, clients of independent living, and clients with concerns with their educational institutions. 405-522-6702, 800-522-8224, www.ok.gov/odc
- Oklahoma Bar Association:** Information about guardianship options. www.okbar.org/a2j/
- Oklahoma Department of Career and Technology Education:** Provides leadership, resources, and assures standards of excellence for a comprehensive statewide system of career and technology education. 405-377-2000, www.okcareertech.org
- Oklahoma Department of Mental Health and Substance Abuse Services:** Community mental health and substance abuse services, crisis intervention services, psychiatric hospital services, alcohol and drug treatment. Referral Hotline: 800-522-9054, ok.gov/odmhsas
- Oklahoma Department of Public Safety:** Obtain a Driver License/ID Card. <https://oklahoma.gov/dps.html>
- Oklahoma Disability Law Center (ODLC):** Provides legal services to eligible clients consistent with the established priorities and objectives. OKC: 405-525-7755, Tulsa: 918-743-6220, 800-880-7755, www.okdlc.org
- Oklahoma Family Network (OFN):** Provides family-to-family connections for accessing resources and services. 405-271-5072, 877-871-5072, www.oklahomafamilynetwork.org
- Oklahoma Health Care Authority (OHCA) /SoonerCare (Oklahoma Medicaid):** Helps pay some or all medical bills for people who can't afford them. OHCA is the state agency that administers the program and determines financial eligibility for the program. 405-522-7300, 800-987-7767, 800-757-5979 TDD, www.ohca.org
- Oklahoma Library for the Blind and Physically Handicapped (OLBPH):** Free library service for persons who are blind, visually impaired, have a learning disability or have a physical limitation. 405-521-3514, 800-523-0288, www.library.state.ok.us
- Oklahoma Parents Center (OPC):** The statewide parent training and information center, serving parents of children with disabilities. 405-379-6015, 877-553-4332, www.oklahomaparentscenter.org
- Oklahoma's Promise:** Covers college tuition for up to five years at any public college or university in the state. 405-225-9152, 800-858-1840, www.okhighered.org
- Oklahoma State Department of Education (OSDE), Special Education Services (SES):** Offers information and technical assistance to families at all stages of the educational process and support for teachers and service providers. 405-521-3351, sde.ok.gov/special-education
- Oklahoma State Department of Health (OSDH):** Services include Family Support and Prevention, Maternal and Child Health, Child Guidance, Dental Health, Screening and Special Services, and SoonerStart. 405-271-5600, 800-522-0203, <https://oklahoma.gov/health.html>
- Oklahoma State Election Board Voter Registration:** <https://oklahoma.gov/elections/voter-registration.html>
- OKSTABLE:** Tax-free savings plan for disability related expenses. okstable.org
- School for the Blind (OSB) / School for the Deaf (OSD):** Provide educational services to children who are deaf and hard of hearing, blind or visually impaired residing in Oklahoma. OSB: 877-229-7136, www.osb.k12.ok.us, OSD: 888-685-3323, www.osd.k12.ok.us
- Social Security Administration Social Security Disability Insurance (SSDI)/Supplemental Security Income (SSI):** For qualifying persons with a disability, pays benefits to you and members of your family based on your work history. For qualifying persons with a disability, pays benefits based on financial need. The website for the U.S. Social Security Administration. <https://www.ssa.gov/disability/>
- Sooner SUCCESS** is a statewide program that assists families with comprehensive resource coordination, respite vouchers, community supports such as Sibshops and other programs specifically for families that have a child with special needs. To learn more visit <https://soonersuccess.ouhsc.edu/>, email sooner-success@ouhsc.edu or call 405.271.2710 or 877.441.0434
- Special Education Resolution Center (SERC):** Helps school districts and parents resolve disputes at the earliest stage possible. 918-270-1849, <https://okserc.org/>
- Tribal Vocational Rehabilitation Programs:** Expands opportunities for employment, independent life and economic self-sufficiency by helping tribal members with disabilities bridge barriers to success in the workplace, school and at home. 405-951-3400, 800-845-8476, <https://oklahoma.gov/okdrs/job-seekers/drs-programs/tribal-vr.html>
- University of Oklahoma Zarrow Center for Learning Enrichment:** Facilitates successful secondary and postsecondary educational, vocational, and personal outcomes for students and adults with disabilities. 405-325-895, <https://www.ou.edu/education/centers-and-partnerships/zarrow>
- Workforce Oklahoma:** Serves customers in finding jobs, making career decisions, and training. <https://oklahomaworks.gov/>
- Woven Life (Formerly Easter Seals):** Offers a Child Development Program for children ages birth through five-years-old, and Adult Day Center for adults and seniors, and onsite Speech and Occupational Therapy. 405-239-2525, <https://www.wovenlifeok.org/>
- Youth Leadership Forum:** Leadership training to Oklahoma high school juniors and seniors with disabilities. 405-521-4984, <https://okddc.ok.gov/youth-leadership-forum>